



HILTON DENTAL

ABERDEEN

Patient Packet

Mission

Our mission is to prioritise your individual needs and work towards maintaining and improving your dental health. We believe in a preventative and minimally invasive approach to ensure your optimum dental well-being. Let us partner with you on your journey to being the best version of yourself.



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WELCOME TO

Hilton Dental

We're so glad you've chosen us for your dental care needs. In this pack, you'll find everything you need to know about our practice, our team, the services we offer, and our emergency procedures.

Whether you're a long-time patient or new to our practice, we ask that you take a moment to review this information for any updated policies that may affect you. We're here to ensure that you have the best possible experience with us, so please don't hesitate to reach out if you have any questions.



We are so excited about the changes and progress we have made at our practice over the last few years! Putting our patients at the centre of everything we do has been our top priority, and we believe that our team is stronger than ever.

We strive to build the best team so that can continue to provide you with the best care, support, and friendship throughout your dental journey. We are so grateful for your trust and look forward to continuing to serve you with excellence. Thank you for being a part of our dental family!

WHO WE ARE

Meet the Team



Dr. Patricia Cameron BDS (She/Her)

Practice Owner/ Principal Dentist

GDC: 190925

Patricia graduated from Dundee Dental School in 2010 and has been serving her hometown of Aberdeen ever since. Her caring and friendly approach makes everyone feel comfortable in her chair, and she's dedicated to making sure her patients have healthy and happy smiles.



Dr. John Cameron (He/Him)

Practice Owner/ Principal Dentist

GDC: 103023

John graduated from Dundee Dental School in 2006. He has a passion for bringing smiles back to life and is known for his exceptional skills in dentures and orthodontic treatments. His gentle approach and expertise make even the most anxious patient comfortable in the chair.



Dr. Mark McCue (He/Him)

Associate Dentist

GDC: 147921

Mark graduated from Dundee Dental School in 2008, and has returned from living in New Zealand. Mark is ready to help our Aberdeen locals find their perfect smile! He'll be taking over patients who were previously registered to John and Ania. Mark is passionate about helping people achieve their best dental health.



Beth Catto (She/Her)

Dental Nurse

GDC. 274401

Beth has been a valued member of the Hilton Dental team since 2021. After taking some time away, she has returned and is now working alongside our team as a dedicated and qualified Dental Nurse. Having qualified in 2017, Beth has primarily practiced at Hilton Dental, bringing years of experience and a passion for patient care.



Oliwia Trojanowska (She/Her)

Trainee Dental Nurse/ Receptionist

Oliwia joined the Hilton Dental team in February 2025 as a Trainee Dental Nurse. She is passionate about providing excellent patient care and is eager to develop her skills within the practice. Oliwia is dedicated to learning and growing in her role, ensuring a comfortable and supportive experience for all our patients.



Kerry Durno (She/ Her)

Trainee Dental Nurse/ Receptionist

Kerry joined the Hilton Dental team in October 2024 as a receptionist and quickly became a valued member of the practice. After excelling in her role, she has decided to expand her skills and transition into surgery as a Trainee Dental Nurse. Kerry will continue to work between both roles, bringing her excellent patient care and friendly approach to both the reception and clinical team.



Shannon Woodside (She/Her)

Practice Manager/ Receptionist/ Trainee Nurse

Shannon started with us as a locum receptionist in July 2022 and officially joined our amazing team in January 23. Shannon has been putting her heart and soul into supporting our team and wonderful patients. Shannon's dedication and hard work are truly invaluable to us.

ADDITIONAL INFORMATION

OPENING HOURS

At present the practice is open during the following hours:

Monday - Thursday 8.30am - 5.30pm

Friday 8.30am - 1pm

Please note, we generally close for lunch between 1pm and 2pm

DENTAL EMERGENCIES

Monday - Thursday 6.00pm - 8.00am

If you require immediate dental advice for extreme pain, swelling or consistent bleeding please contact NHS24 on 111.

Weekend Emergency (Friday 1pm - Monday 8am)

Please contact the practice main number and select option 1 for the on-call dentist.

You will be invited to leave a message, they will get back to you as soon as possible.

DISABILITY ACCESS

If you find the stairs difficult to access the practice please let the team know. We can arrange for a staff member to be there for support or prepare the ramp for your arrival to your appointments.

DENTAL INFORMATION AND ADVICE LINE

If you or a love one require access at-home visits please speak to one of our team, if we are unable to help we can provide you with the resources to find the care that you need. We are here for you!

If you are not a patient with us and require an NHS emergency appointment, please contact DIAL on

0345 45 65 990



PRICE LIST

Examinations & Hygiene's

New Patient Consultations	£80.00
Routine Examinations	£56.00
Emergency Appointments	£56.00
Standard X-Rays	£16.00
Standard Scale & Polish	£69.00
Advanced Hygiene (Perio)	£80.00
Air polish & Hygiene (45mins)	£97.00

Restorations

Amalgam Fillings from	£90.00
Composite from	£130.00
Composite (Posterior) from	£145.00

Endodontics

Anterior Root canal from	£365.00
Premolar Root canal from	£420.00
Molar Root canal from	£475.00

Emergencies

(out of hours treatment and examination not included)	
Weekend Call Outs	£130.00

Dentures

Full Uppers & Loweres from	£1250.00
Full Uppers/ Loweres from	£735.00
Partial Denture Acrylic from	£600.00
Partial Denture Chrome from	£845.00
Additional Tooth from	£ P.O.A.
Relines	£ P.O.A.
Repair from	£ P.O.A.
Flexible Dentures from	£600.00
Consultations	£56.00

Crowns, Bridges, Veneers, Inlays

Non- Precious Metal from	£P.O.A
Gold, Gold Shell, 3 Units	£P.O.A
Porcelain from	£P.O.A
Zirconia from	£P.O.A
Prefabricated Posts	£90.00
Crown Recement	£50.00
Inlays/ Onlays	£ P.O.A

Whitening

Consultations	£60.00
Whitening from	£350.00
Nano Sensitivity Serum	£15.00



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Dental Plans

Exam

(2 Dental Exams per
year)

£11.50 per month

Essentials

(1 Dental Exams & 1
Hygiene visits per year)

£12.80 per month

Maintenance

(2 Dental Exams & 2
Hygiene visits per year)

£23.00 per month

Enhanced

(2 Dental Exams & 4
Hygiene visits per year)

£34.50 per month

Reduce the risk of tooth decay and gum disease with regular attendance

Worldwide Dental Emergency Assistance Scheme

Spread the cost of routine dental care

Save money

10% on all treatments

For more details or to sign up please contact Shannon on 01224 486817



PATIENT CHARTER

We pride ourselves on making you feel comfortable when you visit our practice and when we are communicating with you, whether in written format or in person.

We have very high expectations of ourselves as a team to get everything right for you.

We may on occasion do or say something that does not sit right with you, we learn from any miscommunications and in return we ask the following of you...

- All our team members are to be treated with respect, we have a zero-tolerance policy towards our patients and staff – this includes but is not limited to aggressive behaviour, swearing or raising your voice to any team member.
- Our team members will use your name to address you, please make sure you introduce yourself in the way you wish to be addressed.
- Please be open and honest towards our dentists, they only ask so they can better help.
- Form filling is mandatory. Medical Histories must be completed every 6 months, if you can not complete online, please let the team know and we will ensure we provide you with a paper copy.
- Being on time for your appointments is expected, if you can not attend please provide 24-hours notice. Due to a number of short notice cancellations and failure to attend the following charges will be applied (Plan members are not excluded from paying fines):
 - First offence – £0.00
 - Second offence £20.00
 - Third offence –£40.00

Appointment will not be rescheduled until fines are paid.

FREQUENTLY

Asked Questions

How long do I need to wait for an appointment?

We try our best to suit appointments for each of our patient's, we aim to book appointments no more than 6 weeks ahead, with the average wait time of 3 weeks. Occasionally, we can offer early appointments due to cancellations please let us know when booking if you would like to join the cancellation list.

Can I pay treatment in instalments?

We do not currently offer instalment plans, however if you wish to split the costs or pay up for treatment please let Shannon know, she strives to work with every patient to make treatment accessible for them!

Can i book online?

We are happy to announce you can now book routine dental and hygiene appointments online! Head over to the website to set up your account. www.hiltondental.co.uk Unfortunately treatment must still be booked by email, phone or in person.

How do I sign up for Practice Plan?

The easiest way to sign up to plan is to contact the reception team by phone or email, they can complete your form and send you an at-home sign up sheet to complete your bank details. Sign up takes no more than 10 minutes.



ADDITIONAL SERVICES OPULENT HEALTH LTD

We are delighted to announce that we are now offering an extended range of services through our partnership with Opulent Health Ltd, based within Hilton Dental Aberdeen.

This collaboration enables us to go beyond oral health, offering a wide selection of medical and aesthetic treatments. With Opulent Health's expertise, we are now better equipped to support the health and wellbeing of the whole person—providing comprehensive care under one roof.

Mr. Mark Robison, founder of Opulent Health, brings a wealth of experience to the practice. Having worked as a Nurse Consultant with NHS Grampian for over 25 years, he is dedicated to delivering high standards of clinical care.

Opulent Health is passionate about empowering individuals to take control of their health. Their approach is rooted in providing the most up-to-date treatments within an evidence-based and clinically safe environment—ensuring every patient receives trusted, expert care.

A wide range of services is now available, including:

- Wrinkle Reduction Treatments
- Dermal Fillers
- Skin Boosters and Polynucleotides
- Platelet Rich Plasma (PRP) Therapy
- Orthopaedic Clinic
- Minor Surgical Procedures
- Men's Health Clinic
- Private Blood Testing
- Health Injections
- Ear Irrigation



We look forward to welcoming you and supporting your health journey with care, expertise, and professionalism.



Address: 2 Hilton Street, Aberdeen. AB24 4QX

Contact Number: 01224 486817

Email Address: info@hiltondental.co.uk

Website: www.hiltondental.co.uk

WhatsApp Only Number: 07938984973

